

The Bicycle Challenge

It is amazing how many people say at the end of this Challenge that they're going to get back into cycling. This is about having fun, getting to know your colleagues and enjoying the great outdoors.

The event can take place virtually anywhere, but areas where there is a diversity of terrain and places of interest make it more fun.



The challenge is based on a Quest. Team are given bicycles, helmets, 'hi viz' bands, maps, compasses, cameras and a series of clues. The only method of travel allowed is on foot and/or by bicycle. (For less able bodied team members they join the support crew - advancing each team to the next clue points in the support Vehicle)



The teams must use as much cunning and guile as possible – there are very few rules and creative interpretation of these rules is encouraged!

Success will depend on:

- Assimilating & sharing information
- Careful planning and sticking to a strategy
- Identifying the best way of allocating tasks within the team
- Problem solving



For smaller teams or teams who just want to have fun – this is a great 'other-environment' activity in which to bond with team mates and colleagues.

How Long Does It Take?

For maximum benefit a full day should be allowed. A total distance of about 15 miles by bicycle is well within the capability of most people who are even vaguely fit. We will, however, always adapt the distance and duration to suit each client team.



A half day is also great fun.



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A truly inspiring way to spend the day