

The Circus Challenge

The Circus Challenge is exactly what it says on the 'tin' – a day / half day learning & performing circus skills. There is something for everyone in this challenge and you don't have to be physically fit - it can be as challenging as you want it to be.



It is about doing something completely different & having a huge amount of fun indoors and/or outdoors. It is brilliant for breaking down barriers, creating lots of smiles & laughter and giving people a chance to get to know each other.



The event starts with a circus performance by our facilitators to get everyone in the mood. We then split the group into teams - each team taking part in learning and practicing a different circus skill.

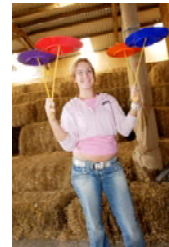
Teams spend approx 30-45 mins on each skill. The

- Juggling
- Low Wire (tightrope)
- Stilt Walking
- Diabolo
- Plate Spinning
- Human Pyramids
- Mime
- Unicycling

Participants will be encouraged to support fellow colleagues, helping them to achieve the task.



There are 2 very different ways to end this Challenge—either with a show put together by people who have been identified as 'Star Performers' throughout the event or with a competition where teams compete for the prestigious Circus Challenge Cup. Here teams have to nominate people to represent them in 3/4 skills.



Either way, everyone gets a chance to have a go at the many different disciplines before we end with a roaring finale.

A highly memorable team building experience



So much fun it's almost illegal!



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