

COACHING

WHAT

At Poisson Rouge we design coaching programmes that motivate and focus individuals to enhance their personal lives and create exceptional business performance. All programmes are goal oriented so that performance improvement and personal development can be measured on an ongoing basis.

WHY

Poisson Rouge offer coaching support for :

- Executive Development
- Talent acceleration
- Skills Development
- Change Management
- Motivation
- Maternity Coaching
- Culture Change

WHO

Just as each individual we coach is unique so too are our coaches. There is no such thing as a homogenised Poisson Rouge Coach. We take great care to match coach and coachee and have an extensive and diverse stable* of coaches to choose from. (*what is the collective noun for coaches?)

HOW

Coaching is delivered in a number ways. For example:

- Face-to-face or via telephone
- Stand alone or as part of a Integrated development programme
- Timetabled individual session or group coaching clinic
- 3 short sharp sessions or a 12 month journey



WOW

Poisson Rouge coaching is :

Fresh	Honest
Impactful	Convenient
Unexpected	Addictive
Confidential	Successful
Real	Serious
Creative	Relevant
Challenging	Essential



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15 YEARS TRACK RECORD OF COACHING SUCCESS