

# The Junk Percussion Challenge

Due to the unparalleled success of The Rhythm Challenge we have developed this as a brand new activity to add to our ever-growing portfolio.

Ok .....So picture this:

Your boss empties a bin full of rubbish on the floor and tells you to make music. You like a challenge but secretly you think he/she is barking mad.

Then one of your colleagues picks up an old newspaper and starts leafing through. Another follows suit, turns the bin upside down and grabs two discarded pencils—bingo he has a drum. Meanwhile someone else starts messing around with the dustbin lids and another with an old broom head. Then the light bulb moment strikes!! It's Junk Percussion.

With a group of any size and with nothing more than everyday old junk we create a rhythm, we make music - a symphony!!



We start the Challenge by introducing a scenario and invite people to start taking on roles. For example, it might be as simple as a journey to work.



There are people reading newspapers waiting for train. Others with road cones do the announcements. Meanwhile the cleaners are scratching their brooms across the hardwood floors, someone's kicking a can around and another is bouncing a ball. Before to long, you've got rhythm!

The session is led by our professional facilitators but the delegates are encouraged to use their creative skills to take the story forward, to develop new sounds, new rhythms, new themes, new grooves.



This is as much about creating a theatre piece as creating music. You will be amazed by the results.



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**It's a load rubbish....and it's brilliant!**