

# Team Mechanics

The Team Mechanics Challenge is a unique 2 hour competition which pitches teams head to head in a race to assemble a bicycle from a random pile of bike parts. The first team to construct a fully working bike, have it approved as safe by our professional mechanics and ride it around a short course will win.

The activity has been cleverly designed so that it is inclusive and appeals to everyone regardless of a participant's technical ability or for that matter interest in bikes. It is challenging, fun and fast paced - all the ingredients required of an excellent team build.



The event starts by dividing the group into teams of no more than 6 people. Each team is allocated their own workshop - a work-stand, tool-board, table and blackboard. We go to great lengths to ensure that everything on show is clean, safe, colourful and with not a speck of grease in sight!



After a short introduction and a full safety briefing the teams get cracking. It is totally up to the teams how they approach the task, how they allocate roles, how they manage their time & resources.



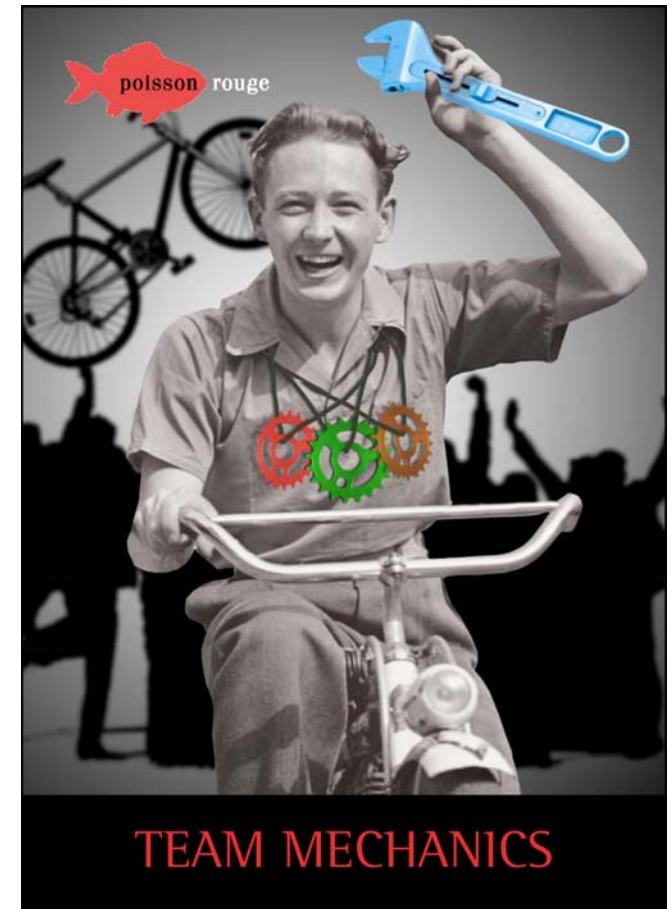
Inevitably there will be people who have more technical knowledge and experience than others - but it is how they use these skills and share their knowledge which is key to success.

Our professional mechanics are on hand throughout the session. Each team is given 3 tokens (coloured sprockets) which they can trade in for advice from the professionals. Use them wisely!



Due to the competitive nature of the Challenge the energy within the room mounts as the teams get closer to completion. When the bicycles are finished there is a real sense of achievement and fun as team members negotiate the finale ride through our special track.

This is a fantastic team exercise which provides both an opportunity to have some unfettered fun or an excellent platform through which to observe individual and team behaviour.



**TEAM MECHANICS**



96 West Yard  
Camden Lock Place  
London. NW1 8AF  
Tel: 020 7267 3646  
Email: [admin@poissonrouge.co.uk](mailto:admin@poissonrouge.co.uk)  
web: [www.poissonrouge.co.uk](http://www.poissonrouge.co.uk)